

SUNDAY AFTER  
THE EXALTATION OF THE HOLY CROSS



*Icon of the Exaltation of the Holy Cross*

**September 20, 2020 – SUNDAY AFTER THE EXALTATION OF THE CROSS**  
*Tropar, Kontakion, Prokimenon, Alleluia Tone 7 - Galatians 2:16-20; Mk 8:34-9:1*

**Sat. Sept. 19 St. Trophimus, St. Sabbatius, and St. Dorymedont, Martyrs (+277)**

7:30 am Matins (Livestream)  
8:00 am Slavonic Divine Liturgy (Livestream)  
4:00 pm Great Vespers (Livestream)  
5:00 pm Divine Liturgy for +Alex Jacobenta by Steve and Ann Sichko (Livestream)

**Sun. Sept. 20 SUNDAY AFTER THE EXALTATION OF THE CROSS**

8:00 am Matins (Livestream)  
9:30 am Divine Liturgy for \* Our Parish Family (Livestream)  
11:00 am Divine Liturgy for \* Our Parish Family (Livestream)  
3:00 pm Vespers (Livestream)

**Mon. Sept. 21 Apostle Codratus**

7:30 am Matins (Livestream)  
8:00 am Divine Liturgy Belated Birthday Blessings for Daniel Marchak by LaVerne Marchak (Livestream)  
5:00 pm Vespers (Livestream)

**Tues. Sept. 22 Bishop-Martyr Phocas**

7:30 am Matins (Livestream)  
8:00 am Divine Liturgy Birthday Blessings for Bill Basalla by Family (Livestream)  
5:00 pm Vespers (Livestream)

**Wed. Sept. 23 Conception of St. John the Baptist**

7:30 am Matins (Livestream)  
8:00 am Divine Liturgy for +Irene Marko by Steve and Ann Sichko (Livestream)  
5:00 pm Vespers (Livestream)

**Thur. Sept. 24 Proto-Martyr Thecla**

7:30 am Matins (Livestream)  
8:00 am Divine Liturgy for +St. Tekla by John Krenisky (Livestream)  
5:00 pm Vespers (Livestream)

**Fri. Sept. 25 Venerable Euphrosyna**

7:30 am Matins (Livestream)  
8:00 am Divine Liturgy for +Blanche Gubanich by Family (Livestream)  
5:00 pm Great Vespers (Livestream)

**Sat. Sept. 26 The Passing of John Apostle - Evangelist**

7:00 am Matins (Livestream)  
8:00 am Slavonic Divine Liturgy (Livestream)  
4:00 pm Great Vespers (Livestream)  
5:00 pm Divine Liturgy for +Barb and +John Pashel by Georgianne Harris (Livestream)

**Sun. Sept. 27 17<sup>TH</sup> SUNDAY AFTER PENTECOST**

8:00 am Matins (Livestream)  
9:30 am Divine Liturgy (Livestream)  
4:00 pm Divine Liturgy for \*Our Parish Family at Mariapoch (Burton, OH)

**MASK REQUIRED IN CHURCH BUILDINGS:** Bishop Milan has joined with Governor DeWine in making masks mandatory for anyone attending Divine Liturgies. (Exceptions are those with health issues that prohibit wearing a mask and children ten and under.) We ask that you cooperate with this request. The goal is to stop the spread of the Covid-19 virus which is on an increase in the State of Ohio. If you are uncomfortable wearing a mask or simply “uncomfortable” being inside the church we continue to provide the services on livestream for you to watch from home ([www.parma.org](http://www.parma.org) or [www.logos.tv](http://www.logos.tv) or YouTube LOGOS TV – PARMA).

For those entering the Cathedral church building, masks are required and social distancing will be observed. The building is sanitized properly, according to the current guidelines in place. Please bring your own mask to liturgy.

All weekly services held at the Cathedral are livestreamed, please see the liturgy schedule in the bulletin for times. The weekly bulletins are emailed, mailed, or available for viewing by all parishioners at [www.stmarybyz.com](http://www.stmarybyz.com).

Once again, let's be FAITH DRIVEN and EUCHARISTIC CENTERED!

**HOLY SPIRIT CEMETERY CLEAN UP (ALL):** It is time to start the Fall-Clean Up in the Cemetery. We are asking for all decorations at the graves in the cemetery to be removed and disposed of by October 1<sup>st</sup>. This will allow the landscaper to weed properly around the headstones before the winter months set in. Please help out by removing ALL decorations from your own family graves. Throw any trash in the dumpster, DO NOT LEAVE IT AT THE END OF THE ROWS. Thank you for your cooperation. ***Any decorations left on graves after October 1<sup>st</sup> will be removed by the cemetery maintenance crew.***

**DAY AT THE SHRINE OF MARIAPOCH (ALL):** Fr. Marek will host another Day at Mariapoch in Burton, OH for all three parishes (Cathedral, Holy Spirit, and St. Mary, Parishes) on Sunday, September 27th. He will celebrate Divine Liturgy outside at the Shrine of Mariapoch, beginning at 4:00 pm. ***The Shrine will prepare food for purchase, following the Liturgy. Anyone interested in eating there should call the parish office to make a food reservation.*** (This will help us have an accurate count for the meal). Please plan on attending liturgy at Mariapoch on this weekend, as it will be the only liturgy celebrated on that Sunday. The Shrine will be practicing proper social distancing for the safety of everyone.

**ECF In-home (ALL):** The Cathedral ECF is opting for the 'In-home' format. Recently developed by the Eparchial Directors of Religious Education (ECED), the 'in-home' format is parent led with support from the catechists and support for ECED via weekly emails with the lessons. The students will be able to learn at their own pace and their availability. The parents determine what book level best supports their child's learning level. ***There will be short Zoom meetings at 10:00 AM every Saturday with the catechist for brief presentations and camaraderie.***

After determining which book level, K - 8, that best fits your student's learning level, please email your child's name and book level to John Trompak <[jdtro@aol.com](mailto:jdtro@aol.com)> or telephone 216-398-6433.

**A SIMPLE REMINDER . . . .** All liturgical services for the parishioners of the three parishes, Cathedral, Holy Spirit, and St. Mary's, are being held at the Cathedral building, 1900 Carlton Road and Livestreamed on Parma.org. For the continued sake of community, please join together at the Cathedral building for any or all of the services, when you feel safe and comfortable to attend. We are taking the proper safety precautions with individual communion spoons, mask recommendations, continued sanitizing, and social distancing during the pandemic.

**RAFFLE WINNERS (CTH):** Congratulations to our winners of the 50/50 Raffle for August. Remember, these numbers are put back into the hopper each month for more chances to win. \$75 Diane Hopko, \$25 Ben Koehler, \$25 Holy Name Society.

**DEEPEST SYMPATHY (CTH):** We wish to express our heart-felt sympathy to the Malaga family on the passing of their loved one, ***+Jack Malaga***. May God grant to His servant, ***+Jack***, Blessed Repose and Eternal Memory. *Vicnaja jemu pamjat!*



Dear Brothers and Sisters in Christ,

In these very turbulent times, getting more acquainted with our faith, learning more about what we believe and why we believe it, and engaging in the beautiful prayers of the Church, can help sustain us all. AM 1260 The Rock, Cleveland's Catholic Radio Station, invites you to learn more about your faith and to grow deeper in your participation in the devotional and sacramental life of the church by tuning in 24 hours a day, seven days a week.

Now in our 6<sup>th</sup> year, listener-supported Catholic radio station, AM 1260 The Rock, WCCR-Cleveland, offers a wide variety of programs for every step of your spiritual journey. From devotionals to apologetics to news from a Catholic perspective, there truly is something for everyone.

What will you hear? Things like...

What do I say to co-workers who ask, "Why do Catholics....?"

What can I do to help my adult children come back to the faith?

Where in the Bible is...?

What is our new Bishop like?

How do I raise my Catholic children in a secular culture?

Daily Mass, the Chaplet of Divine Mercy, and the Holy Rosary

Live broadcasts of local events, including the installation of our new Bishop

News and current events, including interviews with newsmakers and authors

Interesting information about the history and life of our parishes

Community news on spiritual and social events throughout our diocese

Inspiration throughout your day with reflections on the daily readings from local clergy.

Listen on the radio, on our website at [www.am1260therock.com](http://www.am1260therock.com) or download our mobile app to listen anywhere.

Already a listener? Spread the word. Tell your friends about us, request a license plate placard, or bumper magnet, and follow us on social media. You never know what soul you may reach in this one interaction.

We are all pilgrims on this journey together. Make Catholic radio part of your daily routine. It can change your life.

Sincerely,

Bernadette Boguski  
Executive Director

**PRAY DAILY** - have a keep able rule of prayer that you do by discipline. Say the Lord's Prayer several times a day. Any time you have an opportunity to say a prayer, take advantage of it. The devil tries to eliminate your prayer since the prayer eliminates the devil.

- For courage to repent (to go to confession) - **St. John Forerunner, pray for us!** (40x)
- For Peace in the World – **Lord, have mercy!** (40 times)
- For Our Children – **Holy Father Nicholas, pray for us!** (40 times)
- For the Sick and Those in Need – **O Most Holy Trinity, save us!** (40 times)
- For Our Parish – **O Most Holy Theotokos, pray for us!** (40 times)
- For the courage to sing in church – **Holy Father Roman, pray for us!** (40 times)
- For the departed – **Psalms 51, 91, 119 (50, 90, 118 in LXX)**
- Jesus Prayer – **“Lord Jesus Christ, \* Son of God,\* have mercy on me\* a sinner!”**



Every evening before you go to bed, simply go through the whole day and think what you have done right or wrong, do the examination of conscience, and ask the good Lord for forgiveness. Make a sign of the cross over the place where you sleep and say: **“Into your hands, O Lord, I commend my soul and body. Do You Yourself bless me, have mercy on me, and grant me life eternal. Amen.”**

#### **A MESSAGE FROM THE PARISH OFFICE (ALL):**

Parishioners of all 4 parishes (Cathedral, Holy Spirit, St. Mary, St. Nicholas Croatian) may continue to mail their donation envelopes to the Parish Office, 5500 West 54th Street, Parma, OH 44129 or simply drop them in the black locked mail box outside the office door. They will then be deposited into the proper church account. ***Please also continue to use your church envelopes when turning in your donations and print your full name on the outside of the envelope, on the line provided. This will help with the recording of your donations in the computer.*** Thank you.

**-OR-**

**ONLINE GIVING IS AVAILABLE (ALL):** Giving made easy! We now offer electronic giving for all with Churches-GivePlus. You can contribute anywhere, anytime right from your computer, smartphone or tablet. Give online by visiting the website <http://stmarybyz.com/> and clicking on the **Give OnLine Link**. Or download the free GivePlus mobile app from the App Store or Google Play.

Giving online is fast, easy and secure. You can set up single donations, recurring donations and how frequently you wish to give. Online giving can be done either by credit card or a bank account. The first time going to the GivePlus application, create your profile; then login, follow the easy to read screens and make your donation.

Watch the livestream at [www.parma.org](http://www.parma.org) or [www.logos.tv](http://www.logos.tv) or YouTube LOGOS TV - PARMA

If you know of someone that does not have access to the internet, reach out to them by phone to keep them informed with updates and encourage them to continue their daily prayer at home.

**OUR WEEKLY OFFERINGS**  
**September 13, 2020**

		Total	Livestreamed
Cathedral Parish	-	<u>\$1,461.00</u>	<u>\$ 40.00</u> Online Giving
Holy Spirit Parish	-	<u>\$ 899.00</u>	<u>\$195.00</u> Online Giving
St. Mary's Parish	-	<u>\$1,292.00</u>	<u>\$ 50.00</u> Online Giving

**St. Mary 250 Club Winner** - #243 Gwen Walters – Captain, Larry Kirchner

*A Total of \$874.00 was collected for the Holy Land Special Collection  
Thank you and may God reward your generosity!*

**PLEASE PRAY FOR THE SICK AND CONFINED:** **St. Mary's** – John Krenisky, Kathleen Miller,



Mary Ann Ridilla; Ray Yasenchak; Esther Morganosky; John Anitas; Pat Asmony; Goldie Barvinchak; Pearl Beningo; Mildred Bobick; JoAnn Chaky; Eva Cook; Seleema Corrigan; Sally Csejpes; Lois Deighton; Dolores Furda; Mary Grauel; Ruthann Hodar, Margaret Huges, Rosemary Kennick; Catherine Kopko; Larry Lantz; Barbara

Miterko; Eleen Monoc; Carl Panko; Sue Peterchalk; Joseph Popik; Art Pordash; Eleen Reese; Dorothy Shevchuck; David Starling; Isabelle Sweeney; Bob & Mary Zelenka.

**Cathedral** – Phil Nechvatal; Joe Kaltner; Helen Fredericks; Frank and Rose Lizanich; Carol Morin.

**Holy Spirit** – Samuel Basalla, Jim Neitzel, Elizabeth Loya; George Hapker; Ken Kalas; Ann Yorko; Janice Misch; Richard Onderak; Elizabeth Sheppard; Helen Sawchak; Carol Vasil; Helen Alpine; Andrea Seman; Carol and Richard Bub.

Helen Jeris; Marge Kordic; Walter Badovinac; Mary Ann Zubovich; Michelle Zubovich-Simon.

*Call Fr. Marek Visnovsky at (440) 783-2051 for **Emergency Sick Call Visits***

St. Mary's Church, 4600 State Rd, Cleveland (SM) Phone: 216.741.7979

[www.stmarybyz.com](http://www.stmarybyz.com)

St. John's Cathedral, 1900 Carlton Rd, Parma (CATH) Phone: 216.661.8658

Holy Spirit Church, 5500 West 54<sup>th</sup> St., Parma (HS) Phone: 440.884.8452

Most Rev. Milan Lach, SJ, Bishop of Parma

Very Rev. Mitred Archpriest Marek Visnovsky, Pastor

Deacon Joseph Hnat (St. Mary Parish), Deacon Gregory Loya (Cathedral Parish),

Deacon Robert Cripps (Holy Spirit Parish)

**SCHEDULE OF SERVICES held at the Cathedral and Livestream at [parma.org](http://parma.org):**

Saturday: 7:30 am Matins; 8 am and 5 pm Divine Liturgy; 4 pm Great Vespers

Sunday: 8 am Matins; 9:30 am and 11 am Divine Liturgy; 3 pm Vespers

**HOLY DAY SERVICES:** 7 am Festal Matins; 8 am and 7 pm Divine Liturgy (6 pm Great Vespers with Litija the evening before the holy day)

**DAILY SERVICES:** 7:30 am Matins; 8 am Divine Liturgy; 5 pm Vespers

### *Whatever Their Size, Carry Them*

“Whoever loses his life for my sake and the Gospel’s will save it.” One who knew the meaning of Jesus’ words so well was Flannery O’Connor, the distinguished Catholic novelist who died in 1964 at the age of 39. From the age of 25 she lived with the knowledge she had a terminal disease, Lupus, – not to mention her sufferings from bone disintegration, shingles, anemia, and a tumor. Yet it was during fourteen years of sickness and suffering that she produced her greatest works of literary art. Her strong faith enabled her to say: “I have never been anywhere but sick. In a sense sickness is a place, more instructive than a long trip to Europe. Sickness before death is a very appropriate thing and I think those who don’t have it miss one of God’s mercies ...”

Those are strong words! How could a young woman call sickness one of God’s mercies? Yet Jesus’

words in the Gospel are just as strong: “If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps.”

In some way Flannery O’Connor was able to accept the cross of her sickness and follow in the Lord’s footsteps. But she didn’t do it with a nice sweet smile on her face. She did it with strong courage and conviction. She realized that her own sickness was the very thing that helped her to look at life around her with the eyes of faith; and to translate that life into literary pages that would win her international fame as a writer. Each one of us is called upon to carry a cross in our life at some time. For some it may be the cross of emotional or spiritual suffering, rather than physical suffering. Sometimes there are big crosses, sometimes small. Whatever their size, Jesus calls upon us to carry them.